

# *Get Out of My House!*

{A Beginner's Guide to Chemicals to Avoid}

ALCOHOL

ALUMINUM

DEA/TEA

PROPYLENE GLYCOL

SODIUM LAUREL SULFATE (SLS)

TALC

PARABENS

FRAGRANCE

DIETHANOLAMINE

CHLOROFORM

BENZYL ALCOHOL

TOLUENE (PETROCHEMICALS)

PHTHALATES